



**FEDERAL UNIVERSITY OF TECHNOLOGY  
MINNA**

**MALARIA: THE USE OF PHYTOMEDICINES AS  
VIABLE ALTERNATIVE MANAGEMENT STRATEGY  
FOR AN AFRICAN AND THIRD WORLD TRAGEDY**

*By*

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*BSc (ABU Zaria), MSc (UNIJOS), PhD (FUT Minna)*

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**INAUGURAL LECTURE SERIES 49**

**15<sup>TH</sup> DECEMBER, 2016**



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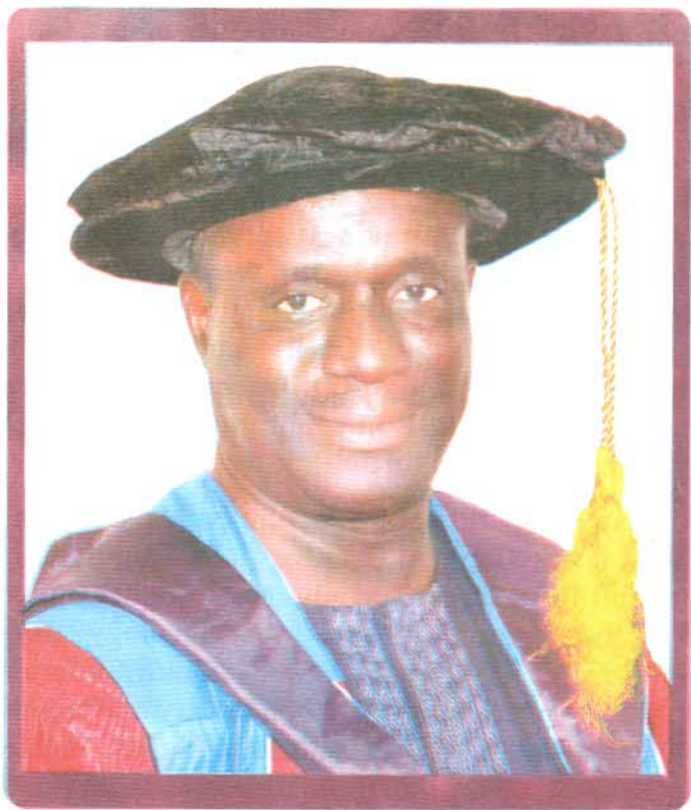
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## Preamble

Mr. Vice Chancellor Sir, Deputy Vice Chancellors, Academic and Administration, the Registrar, Bursar, University Librarian, Deans of Schools, Professors, Directors, Heads of Academic Departments, Unit Heads of Academic Departments, Unit Heads, Erudite Scholars, Members of the University Community, invited guests, great FUT Minna students, great life sciences students, greatest Biochemistry students, distinguished ladies and gentlemen.

It is with absolute humility, adoration and gratefulness to the providence of ALLAH SUBHANAHU WA TA'ALA that I stand before you today to deliver the 49<sup>th</sup> inaugural lecture of this great citadel of learning. This is the **SECOND** inaugural lecture from the School of Life Sciences, the **SECOND** from the department of Biochemistry and the **FIRST** on application of natural products, specifically phytochemicals in the fight against malaria.

Mr. Chairman Sir, the title of my lecture is "Malaria: The Use of Phytomedicines as Viable Alternative Management Strategy for an African and Third World Tragedy". Most would wonder why a biochemist has wandered into pharmacology, pathology, toxicology, drug development, even botany, microbiology, natural products etc. Simply put, biochemistry is at the interface of all life sciences and as specialization sets in especially in advanced learning taking into cognizance also limitations in our operational environment in terms of high-tech equipments and expertise, most academics traditionally relapse into basic research which in fact serves as the fulcrum of ground breaking work in all spheres of science. I have also chosen this topic because millions of people especially in sub-Saharan Africa and the third world continue to be devastated even now in the 21<sup>st</sup> Century by this debilitating ailment. Indeed malaria has been aptly tagged as "a disease of poverty" among others. The number of easily available, affordable and effective antimalarial drugs is

few. Viable multi-stage vaccines are unavailable and not envisaged until some decades into the future. This situation is further exacerbated by the rapid spread and intensification of drug resistance by certain malaria parasites. Therefore, whilst waiting for a “silver bullet cure”, active antimalarial principles can be isolated and standardized from indigenous plant species with reputation among herbalists against fevers and the disease which can be used as alternative treatments. A few of such products have been developed and deployed with high success rates in some malaria endemic regions of the world. Moreover natural products or herbal medicines generally termed as **nutraceuticals** hit a global market value of up to 100 billion U.S. dollars in 2015. This could be a veritable national source of revenue for our country if properly utilized through the development of herbal treatments not just for malaria but the plethora of afflictions of mankind.

The lecture will now lay emphasis on chemotherapy, biochemistry of drug resistance by malaria parasites, my humble contributions, conclusion and suggestions.

## **Introduction**

Malaria is a protracted disease burden with ravaging effects. It has compromised improved healthcare and life expectancy especially among the poor in tropical regions of the world including Africa, Asia, Central and South America. (Amoa-Onguene, 2013). Malaria with AIDS and tuberculosis is one of the three major communicable diseases linked to poverty. Recent WHO estimates indicate global malaria infection at over 300 million with up to 640,000 deaths annually (WHO, 2016; Abay *et al.*, 2015). Indeed malaria is a disease experiencing a renaissance and is caused by *Protozoans* of the *genus Plasmodium*: *P. malariae*, *P. ovale*, *P. vivax* and *P. falciparum*, the latter being the most virulent and drug resistant specie responsible for about 80%



morbidity and mortality from the disease (Ntie-kang *et al.*, 2014; Amoa – Onguene *et al.*, 2013).

The situation has been aggravated by the unavailability of a viable vaccine and the spread of drug resistant *Plasmodium* species. This has resulted to a dramatic decline in the efficacy of the most common and affordable anti-malarial drugs (Del'Agli *et al.*, 2012). The screening of prevalent herbal medicines especially in endemic communities may yet offer some hope in the search for a new generation of cures for the disease. Such compounds should be active against chloroquine, Sulphadoxine-Pyrimethamine and Artemisinin resistant *P. falciparum* strains; resolve parasitaemia within a time frame of 24-72hrs; with high safety margin; be affordable and available in an appropriate formulation for oral use (Vale *et al.*, 2015).

The variability and sustainability of plants as sources of antimalarials is best exemplified by the fact that the alkaloid quinine isolated from *Cinchona ledgeriana* (*Rubeaceae*) has been the fulcrum of chemotherapy for the disease for over two centuries. Similarly, artemisinin, a Sesquiterpene lactone with potent antimalarial action was more recently isolated from the Chinese antipyretic herb, *Artemisia annua* (Abay *et al.*, 2015).

The widespread use of plants as medicines is well documented with some literature indicating that 80% of the health care needs of the rural poor in developing countries depend on this source (Amoa-Onguene, *et al.*, 2013). Plant derived natural products have been exploited as Antimalarials (quinine, artemisinin, chinconine), analgesics and antipyretics (ipecac), tranquilizers (reserpine), cardiac stimulants (digitoxin), anti-cancer (taxol, vincristine and vinblastine), AIDS (+) Calanolide A and (-) calanolide B) (Hay *et al.*, 2003).

Africa has a rich floral diversity which provides materials for the treatment of fevers and malaria and thus should afford the next

generation of drugs or templates necessary for their synthesis (Bashir *et al.*, 2015). Such pharmacologically important compounds could be found in bitter medicinal plants which contain high levels of alkaloids and terpenoids (Oliviera *et al.*, 2009). Alkaloids are intensely bitter, basic, nitrogenous secondary chemical constituents existing naturally in large proportions in the seeds, roots, leaves and stem bark of plants often in combinations with vegetable acids. More than 12000 alkaloids are known to exist in about 20% of plant species alone out of which only a few have been exploited for medicinal purposes (Doughari *et al.*, 2012).

Plant derived alkaloids in clinical use include the analgesics morphine and codeine, the muscle relaxant (+)tubocurarine, the antibiotics dangiunafine and barberine, anti-cancer agent vinblastine, anti- arrhythmic ajmaline, pupil dilatory atropine and the sedative scopolamine. Others are the addictive stimulants caffeine, nicotine, codeine, atropine, morphine, ergotamines, cocaine and ephedrine (Madziga *et al.*, 2010).

A search of the literature has indicated a host of alkaloids with anti-malarial properties derived from indigenous plants. These include indole alkaloids, naphthoisoquinolines, furoquinolines, acridones, amides and cryptolepines.

Other phytochemicals of non alkaloidal origin have also shown potentials as antiplasmodial agents thus could serve in malaria treatment. Such compounds include flavonoids, flavanones, isoflavones, chalcones, rotenoids, phenolics, polytylenes, quinones, coumarins, xanthones, sterols, lignans, tannins, glycosides, etc. Many more exist and are awaiting identification (Jigam *et al.*, 2013; Bashir *et al.*, 2015). The utility of such compounds as antimalarials can only be enhanced when their empirical parasitological, pharmacological and toxicological evidence and profiles have been ascertained. Chemometrics post structural elucidation of bioactive principles could generate



synthetic structural analogues with better activity and less toxicity as was the case with the 4, 8 and 9 aminoquinolines from quinine.

Herbal remedies for malaria are widely acceptable in poor rural African and Asian communities due to their easier accessibility, lower costs, lack of awareness about modern drugs and belief that the use of traditional medicine is more safe and effective. With the prevalence of drug resistance and threat to Artemisinin, emerging trends in malaria mitigation involves commercialization of standardized phytomedicines as is the case with Qinghao (*Artemisia annua*), Totaquina (*Cinchona* spp), Phyto-Laria (*Cryptolepis sanguinolenta*) and Azadirachtin A (*Azadirachta indica*) (Abay *et al.*, 2015).

Malaria is most devastating in Sub-Saharan Africa, where about 90% of global cases and deaths occur. Human malaria is transmitted by female *Anopheles* mosquitoes and is caused by four species of *Plasmodium*. Most cases of the disease and deaths are caused by *P. falciparum*. The development of resistance to mainstay drugs such as chloroquine and sulphadoxine and the threat to Artemisinin based Combination Therapies has necessitated the search for novel pharmacophores against the disease (Kaur *et al.*, 2009).

The life cycle, immunological defense mechanisms, and clinical development of malaria are characterized by periodic fever which follows the lysis of infected red blood cells and caused mainly by the induction of cytokines interleukin-1 and tumor necrosis factor. *P. falciparum* infection can have deleterious effects such as anemia, cerebral complications (coma or convulsions), hypoglycemia and glomerulonephritis. The disease is most acute in non-immune individuals including children, pregnant women and tourists (Kumar *et al.*, 2002).

Nature remains an ever evolving source for compounds of medicinal importance. Several compounds isolated from nature

also form a rich source of diverse structures for optimization to obtain improved therapeutics (Kaur *et al.*, 2009).

Natural products are the origin of approximately two-thirds of all drugs introduced in the past three decades (Newman and Craig, 2011). The connection between medicinal plants and antimalarial drugs date back to 1820 when quinine was first isolated from the bark of *Cinchona* spp. and continued to the present era with the isolation of artemisinin, a highly oxygenated sesquiterpene lactone from *Artemisia annua* (Achan *et al.*, 2011; Abay *et al.*, 2015).

In order to forestall the problem of drug resistance, artemisinin based combination therapy (ACT) is currently employed in the management of malaria. The fixed dose combinations involve artemisinin and various quinine based drugs e.g. primaquine, which has an impact on circulating mature gametocytes in humans while artemisinin blocks the transmission of *Plasmodium* parasites to humans from mosquitoes (Abay, 2013).

Despite the advantage of primaquine in the stated combination, a viable alternative to this drug is urgently needed because it can provoke hemolytic anemia in patients with Glucose-6-Phosphate Dehydrogenase deficiency (Abay *et al.*, 2015).

*Artemisia annua* is a Chinese antipyretic herb with an ancient history. Artemisinin was isolated in 1971 and recommended for the treatment of cerebral malaria and control of drug-resistant *P. falciparum* malaria.

Artemisinin derivatives in use include arteether, artesunate and artemether. The antiplasmodial activity of the drug involves its unique endoperoxide structure. Iron from digested haemoglobin reduces the endoperoxide bridge releasing highly reactive free radical iron oxo species which destroys the parasites. Artemisinin interferes with protein synthesis in growing parasites. It also acts on parasite membrane by lipid



peroxidation. Dihydroartemisinin the active metabolite alters ribosomal organization, endoplasmic dilation of nuclear envelope and disintegration of food vacuoles (White, 1997).

Quinine the original antimalarial together with its dextrorotatory isomer quinidine, are fluorescent alkaloids derived from the stem bark of Peruvian *Cinchona* tree. It is useful in treating other conditions e.g. arthritis, lupus, babesiosis and is even a frequent constituent of bitter tonics and stomach ache preparations (Cechinel-Filho, 2012). The crude drug was used for about 200 years before its alkaloids were isolated in 1820.

Laboratory synthesis of total quinine has been achieved by several methods but none of which can compete in economic terms with isolation of the alkaloid from natural sources (Okpako, 1991). Crude extracts are assumed to be more efficacious because of the possible synergism of the over 36 different alkaloids *Cinchona* contains (Lewington, 1990).

Quinine acts as a blood schizontocide although it also has gametocytocidal activity against *P. vivax* and *P. malariae*. As with other quinoline antimalarial drugs, the mechanism of action of quinine has not been fully resolved. The most widely acceptable hypothesis is based on the well-studied and closely related quinoline drug, chloroquine. Because it is a weak base, quinine localizes to a non-acidic compartment within the food vacuole of *falciparum* malaria parasite and inhibits heme polymerase enzyme thereby blocking hemozoin biocrystallisation in the heme detoxification pathway. Free cytotoxic heme thus accumulates and is lethal to the parasite. Quinine has also been reported to inhibit *Plasmodium* phosphoenol pyruvate carboxylase or carboxykinase (White, 1997).

Several workers have analyzed different plants for antimalarial activity; *Bidens polisa* a medicinal plant has been shown by Andrade-Neto *et al* (2004) to be effective against chloroquine



and mefloquine resistant *P. falciparum* in vitro. This activity was attributed to flavonoid and acetylene compounds (Brandeo *et al.*, 1998). Interestingly extracts from plants cultivated under standardized conditions were less active compared to the wild plants (Andrade - Neto *et al.*, 2004). Tasdemir *et al.* (2005) evaluated some Turkish plants for inhibition of *plasmodium* enoyl-ACP reductase (Fab I), a crucial enzyme involved in fatty acid biosynthesis. The extracts of leaves of *Rhododendron unguernii* and *R. Smirnovii* strongly inhibited the Fab I enzyme, an effect attributed to some polyphenolic compounds.

The extracts of some Kenyan medicinal plants including *Toddalia asiatica* and *Rhamnus staddo* in combination with chloroquine improved parasitaemia suppression from 38-66% and resulted in longer survival of mice indicating synergistic interactions. This was also attributed to the immune-modulatory role of the plant extracts in the host during early days of infection (Muregi *et al.*, 2007). *Azadirachta indica* (neem), *Khaya senegalensis* and *Vernonia amygdalina* are among many plants used in treating many diseases including malaria among indigenous African tribes. Leaf, seed and stem bark extracts of *A. indica* (*meliaceae*) have been demonstrated in many studies to inhibit *P. falciparum* asexual stages *in vitro* (Udeinya *et al.*, 2008; Lu Cantoni *et al.*, 2010). *In vitro* screening of purified limonoids from Neem revealed that gedunins and nimbolides are the most active molecules against *P. falciparum* (Bray *et al.*, 1990). *Vernonia amygdalina* leaves are used as vegetables in soups after the bitter principle has been extracted and discarded; the stem is useful as a chewing stick in the prevention of dental decay among Nigerians. The leaf extracts are however used in Sub-Saharan African countries for the treatment and prevention of malaria. The anti-plasmodial activity of the shrub has been confirmed by several *in vitro* and *in vivo* studies. Sesquiterpene lactones, steroidal saponins and flavonoids have been isolated from the

leaves and found to be effective against *P. falciparum* (Abay *et al.*, 2015).

*Khaya senegalensis* is another “cure all” in African herbal practice with severally reported effects against *Plasmodium* parasites (Jigam and Atunde, 2001).

It is interesting to note that apart from the well-known classes of phytochemicals such as alkaloids, glycosides, etc other groups e.g. plant peptides are presently gaining recognition and being proven to be effective against malarial parasites. Panseeta *et al* (2011) isolated and demonstrated the anti-plasmodial efficacy of the cyclopeptide alkaloids nummularines B and Hemesine A from the roots of *Zizipus mauritani*.

A vast array of alkaloids have been isolated from many plant species and shown to have potent antimalarial effects. The outstanding example is quinine from *Cinchona* spp. which has been used for the treatment of malaria for more than three centuries. Alkaloid based antimalarials derived from plants can be classified as indole alkaloids, Naphthoisoquinolines, furoquinolines, Acridones, amides and cryptolepines (Amoa-Onguene *et al.*, 2013).

Dioncopeltine A, dioncophylline B and dioncophylline C isolated from the extracts of *Triphyophyllum peltatum* (*Dioncophyllaceae*) were highly effective against *Plasmodium* parasites (Kaur *et al.*, 2009). The list of such effective alkaloids is enormous.

Global acceptability, application and efficacy of phytomedicines have proportionately exposed millions of users to the underlying but seldom reported hazards of medicinal plant toxicity and misadventuring. Most herbal treatments are in the forms of crude or partially purified extracts often administered over a few days or weeks with the likelihood of cumulative organ intoxication and even death among recipients (Jigam *et al.*, 2012a).



The Chinese traditional herbal antimalarial, *Dichorea febrifuga* (*Saxi frabaceae*) which active principle febrifugine is clinically effective against *P. vivax* and *P. ovale*. Its hepatic toxicity has rendered the drug unacceptable. In vitro anti-plasmodial activity has been established for a number of quassinoids. These are bitter tasting, biosynthetically degraded triterpenes characteristic of the family *Simaroubaceae*. Sergolide, one of the 14 quassinoids is acutely toxic with LD<sub>50</sub> of 1.8mg/kg hence counterproductive and inimical as a chemotherapeutic agent. The medicinal plant *Symphytum officinale* L. contains hepatotoxic pyrrolizidine alkaloids (Ramadhani *et al.*, 2015; Gamaniel, 2000).

Thus, the need for in vitro and in vivo toxicological profiling of such drugs as an integral component in their development is imperative (Jigam *et al.*, 2012b). Such routine evaluations include acute toxicity studies which are critical as they provide a good idea about the nature of the medicinal extract in addition to determining safe doses for clinical use. Sub-chronic and Chronic studies are necessary in the elucidation of target organs of toxicity and demonstration of dose-response relationships. Some toxicological indices often evaluated using laboratory animals include organ and body weights, feed utilization, haematological parameters, clinical biochemistry, gross and histologic pathology of tissues (Gamaniel, 2000).



**Table 1: Mechanisms of Action of Some Antimalarial Drugs**

Drug	Targets
1. Quinolines (4, 8 and 9 NH <sub>2</sub> Quinolines) - Quinine - CQ - Amodiaquine - Mefloquine etc	Heme polymerase: Heme conversion to hemozoin (non toxic) Heme (toxic to <i>Plasmodium</i> ) Inhibition of Plasmodium PEP carboxylase or Carboxykinase
2. Antifolates (a) Type I: Dapsone and Sulphadoxine (b) Type II: Pyrimethamine, Proguanil and Chlorproguanil a. and b used in Combination	Dihydropterate Synthetase (DHPS) Denovo Folate Synthesis DiHydro Folate Reductase (DHFRS) Folate Salvage Nucleotide and Methionine Biosynthesis
3. Artemisinins - Artesunate - Artemether - Dihydroarte misinin	Cleavage of endoperoxide bridge by heme from Hb digestion – releasing free radicals (FR) FR: alkylates proteins, Damages membranes, Inhibit hemozoin formation by formation of adducts with heme. Recent hypothesis: inhibition of calcium – dependent Atpase of <i>P. falciparum</i> Ca important in all stages of <i>Plasmodium</i> Short t <sub>1/2</sub> thus combination therapy (ACTs) advocated.
4. Napthoquinones e.g. Atovaquone	Electron Transport Chain: Disrupts regeneration of Ubiquinone the e-acceptor of DiHydroorotate DH in Pyrimidine Synthesis
5. Phytochemicals a) Flavonoids	Not fully elucidated (i) Inhibition of FAS II (F.a. biosynthesis). (ii) Inhibition of the influx of L – G/n and Myoinositol into infected Rbc
b) Cryptolepine alkaloids	i) DNA intercalation ii) Stabilization of topoisomerase II DNA covalent complex thus stimulating the scission of DNA by Topoisomerase
c) Polyphenolics	Enoyl-ACP Reductase (Fab1) Biosynthesis of Fatty acids
d) JIG1 (Polygalloyltannin) *Jigam et al., 2010	Action similar to 1,2,3,4,6- pentagalloylglucose from <i>Entandrophragma angolense</i> and antimicrobials Tetracycline and clindamycin against <i>Plasmodium</i>
Others: Immune: modulatory role of certain extracts hence enhancing CQ action e.g. <i>Rhamnus staddo</i>	

## Malaria Chemotherapy and Drug Resistance

Chemotherapy remains the fulcrum of malaria management but this is compounded by the absence of new drugs with novel mechanisms of action. The fact is that all existing antimalarial

drugs are actually only derivatives of certain core structures which can be grouped into three main classes; the **quinolines** (quinine, chloroquine, mefloquine, primaquine), the **anti-folates** (sulfadoxine, pyrimethamine) and the most recent, **artemisinin** derivatives (artemisinin, artemether, dihydroartemisinin) (Na-Bangchang & Karbwang, 2009). Certain antibiotics also have antimalarial properties. There is an increasing spread of drug and insecticide resistance due to the evolutionary pressure on mosquitoes and the parasites (Noedl *et al.*, 2008). The development of resistance to currently used drugs may be due to several factors that include the overuse of antimalarial drugs, inadequate therapeutic treatments of infections, parasite adaptability at genomic and metabolic levels and fast proliferation rates of the parasites that allows new generations to be formed in a very short time (Hyde, 2007). The mechanism of resistance to these drugs involve the modification of drug transport systems, increased synthesis of inhibited enzymes (Nirmalan *et al.*, 2004) and increase in enzymes that can inactivate the drug and also the use of alternative metabolic pathways (Vangapandu *et al.*, 2007). Unfortunately, mode of action as well as the mechanism of resistance is poorly understood except for the folate drugs (Na-Bangchang & Karbwang, 2009).

### **Vaccines**

Another step towards the eradication of malaria is through the development of an effective multistage vaccine. The ideal vaccine must be able to provide complete immunity against the disease or prevent severe disease and death. Unfortunately, genetic variability of the parasite is hampering vaccine development. Four stages of the parasite life cycle have been targeted as possible vaccine candidates including the pre-erythrocytic (when infected with sporozoites), the human hepatic stage, the erythrocytic and the gametocyte stages (Graves & Gelband, 2006). Vaccines directed towards the pre-erythrocytic stages



aim to completely prevent infection while blood stage vaccines aim to reduce and hopefully eliminate parasites to the vector. The most advanced pre-erythrocytic vaccine to date is the RTS, S/AS01 vaccine developed by GlaxoSmithKline in the process that started in 1984 at the Walter Reed Army Institute of Research (Ballou, 2009). It consists of the antigenic C-terminus of the parasite's circumsporozoite protein (CSP). The AS02 oil-in-water adjuvant system was used and showed promising protection by RTS, S against malaria infection. The AS02 adjuvant was replaced with the RTS, S/AS01 which contains liposomes as adjuvant. RTS, S/AS01 Vaccine has been finally approved for use by EU Regulators in 2015 (Regules et al; 2016). It is thus the only vaccine available for protozoans, a process that lasted 36 years. Other vaccine candidates have also been pursued over time but with less success to date than that obtained with RTS, S/AS01. Asexual blood stage vaccines aim to protect against malaria disease rather than the infection, but has been less successful to date. Various MSP's have been investigated as vaccine candidates with little success in clinical trials. Another vaccine, the combination B vaccine (MSP/RESA), consisting of two merozoite surface proteins together with a ring infected erythrocyte surface antigen (RESA) shows good immunogenicity and is being investigated further (Graves & Gelband, 2006). Another research by GlaxoSmithKline and Walter Reed Army Institute of Research resulted in the FMP2.1(AMA-1/AS02) vaccine candidate which showed host immunity and safety (Spring *et al.*, 2009). Another approach to vaccine development is transmission blocking vaccines that are based on the prevention of sporozoite development in the mosquito salivary glands. Various surface protein antigens are in development but are hampered by the problematic protein expression of these proteins. The use of irradiated *P. falciparum* sporozoites was undertaken in trials but posed safety, technical and logistical problems (Ballou, 2009).

## **Targets for Antimalarial Drug Development**

Metabolic pathways in the malaria parasite offer a rational basis



for drug development. Enzymes of pathways that are unique for the parasite are thought as evident targets. In glycolysis, recent molecular studies have indicated that lactate dehydrogenase and triose phosphate isomerase could serve as specific targets; purine and pyrimidine syntheses, the regulation of the cell cycle, protein trafficking and secretion, mitochondrial functions, cytoskeleton maintenance, proteasome and ubiquitin - mediated protein degradation, phospholipid metabolism, transport of substrates and waste products and signal transduction are all potential targets (Ginsburg, 2004). It is hoped that modern approaches in drug development such as functional genomics, proteomics and screening of combinatorial libraries that are becoming useful in drug development, will transcend into malaria research. The malaria genome project not only provides the expected information about genes that code for elements involved in the various processes described above, but also some surprises. Such are the genes that are related to the synthesis of amino acids (the parasite was considered hitherto to get amino acids from globin degradation or from the host) to the synthesis of ATP by mitochondria (the parasite was considered to depend exclusively on glycolysis for ATP production) and to the synthesis of fatty acids (considered to be supplied from the host). These apparent "inconsistencies" as well as the myriad of supposedly redundant genes (*rifin*, *stevor*, *ser/thr* protein kinase etc.) must await the verification of their expression (Newbold, 2003; Anthony *et al.*, 2012). It should be remembered that gene expression varies with parasite stage and progression through the life cycle, and the elucidation of the functional meaning of the genes at each phase in conjunction with their use as potential drug targets will hopefully get a refreshed impetus (Ginsburg, 2004; Ntie-Kang *et al.*, 2014). Thus, basic research has indicated possible targets as: Haemoglobin degradation, detoxification of ferriprotoporphyrin IX, redox and glutathione metabolism, the methionine cycle, methylation and polyamines, folate metabolism, ribonucleotide reductase and iron chelators, the apicoplast and shikimate pathway, biosynthesis of

ferritoporphyrin IX (Jigam *et al.*, 2011; Ntie-Kang *et al.*, 2014).

## Phytochemicals

Phytochemicals are secondary metabolites in plants. Some are responsible for color and other organoleptic properties, such as the deep purple of blueberries and the smell of garlic. Phytochemicals possess biological significance and have been attributed with many medicinal potentials and applications (Jigam *et al.*, 2012). They are produced as defence against insects and other organisms. They can be alkaloids or non-alkaloids.

## Alkaloids

Alkaloids are one of the major classes of natural products that exhibit antimalarial activity. Hundreds of alkaloids from higher plants were reported to demonstrate significant antimalarial activity in studies published from 1990 till date; some of these

**Table 2. In vivo anti-malarial activities of some West African medicinal plants**

Plants	Part	Dose (Mg/kg)	% Inhibition	Survival days	
<i>Pyrenacantha staudtii</i>	Leaf	100/200/500	61/63.4/58.0		
<i>Morinda lucida</i>	Root	400	-	29	
<i>Phytolacca dodecandra</i>	Leaves	100/200/400	18/50/55		
<i>Olea europaea</i>	Leaves	40/80/120	30/55/80	-	
<i>Acacia auriculiformis</i>	Leaves	350/700/1050	69/72/76	15/18/20	
<i>Acacia nilota</i>	Roots	300	71/50/66	-	Jigam <i>et al.</i> , 2010
<i>Adansonia digitata</i>	Stem bark	100	60.47/32.90	20	
<i>Ageratum conyzoides</i>	Leaf	100/200/400	70.49/82.20/89.87		
<i>Ageratum conyzoides</i>	Leaves	400	89.87/61.74/52.61		
<i>Alonia boonei</i>	Root bark	200	62.2/58.8/66.4	-	
<i>Amaranthus spinosus</i>	Stem	200	789.36	-	
<i>Anthocleista grandiflora</i>	Stem bark	300/500/700	14/32/68		
<i>Anthocleista vogelii</i>	Stem	100/200/400	48.5/78.5/86.6%		
<i>Artocarpus altilis</i>	Stem bark	ED50	ED50214.2/227.2/310.2	-	
<i>Aspilia Africana</i>	Leaf	100/200/400 mg/kg	79.42/84.28/92.23	22/25/28 days	
<i>Aspilia Africana</i>	Leaf	100/200/400	22/25/28	-	
<i>Azadiracta indica</i>	Leaf/back	800	79.6/68.2	-	

<i>Bombax buonopozense</i>	Leaf	200/400/600	65/78/86	25/28/29	
<i>Bridelia Ferruginea</i>	Bark	400	-	26/16/27	
<i>Byrsocarpus coccineus</i>	Leaf	100,200 and 400	81/88/92	20/22/26	
<i>Calpurnia aurea</i>	Leaf	60	51.15, 47.77 and 36.8%	9.6/10/8	
<i>Canthium glaucum</i>	Root	100 mg/kg/day	31.98/43.76	20	
<i>Cassia singueana</i>	Root	50/100/150/200	48.22/66.51/79.06/80.45	-	
<i>Cassia singueana</i>	Roots	50/100/200	48/66/79	-	
<i>Cassia Singueana</i>	Bark	200/400/800	37/72/90	-	
<i>Catha edulis</i>	Leaf	1000	13.7	-	
<i>*Chrozophora senegalensis</i>	Whole	75	51.80%	-	Jigam et al., 2011 *
<i>Chrysophyllum albidum</i>	Bark	1000/1500	74.20/62.90%	-	
<i>Cissampelos Mucronata</i>	Leaf	200	68.4/60.0/73.7 %	-	
<i>Clerodendrum violaceum</i>	Leaf	13	100 after 21 days	-	
<i>Crateva Adansonii</i>	Leaves	200/400/600	0.00/37.71/ 40.41	-	
<i>Croton macrostachyus</i>	Leaf	200/400	39/69	6/7 days	
<i>Croton zambesicus</i>	Root	81/57/57	86.18/57.88/75.39	-	
<i>Cryptolepis sanguinolenta</i>	Leaf	36	25	-	
<i>Cymbopogon Citrates</i>	Leaf	200/400/800	82,84,99/66,74,83/43,56,70	-	
<i>Cymbopogon Citrusus</i>	Bark	200/400/800	50/77/100	-	
<i>Dicliptera verticillata</i>	leaf	290/580/870	59.14 /70.67/83.66	--	
<i>Dodonaea Angustifolia</i>	Seed	600	62.02/86.21%	11.3/11.25	
<i>Dodonaea Angustifolia</i>	Seed	100 mg/kg	35.79/48.6	-	
<i>Eleusine indica</i>	Leave	600	64.67/56.34	27	
<i>Enantia chlorantha</i>	Stem bark	-	317.9	-	
<i>Entada abyssinica</i>	Leaves	600	39.2/66.4	11.45/11.65	
<i>Faidherbia albida</i>	Stem bark	100/200/400	24/72/89	-	
<i>Ficus platyphylla</i>	Stem Bark	300	43.50	28	
<i>Flacourtia indica</i>	Leaves	100	0.2/87	7/8.6	
<i>Hoslundia opposita</i>	Roots	100	90/41	9.2/9.6	
<i>*Lippia multiflora</i>	Leaf	200/400	13.35% and 50.94	-	Jigam et al., 2009 *
<i>*Momordica balsamina</i>	Leaf	200/600	13.78 and 9.41/28.08 and 27.29/45.21 and 53.07	-	Jigam et al., 2012 *

Source: Bashir et al., 2015

are more potent than chloroquine (Saxena et al., 2003). Herein, some of the active reported alkaloids are grouped according to their structural classes.

## Bisbenzylisoquinolines

Are a large and diverse group of alkaloids that occur in many plant species, particularly in members of the *Menispermaceae*,



*Berberidaceae*, *Ranunculaceae*, *Annonaceae* and *Monimiaceae*. Many of the plants that contain these compounds have reputations as medicinals in the folklore of various cultures. In an effort to discover new antimalarial agents from natural sources, Angerhofer 1999 and co-workers tested 53 bisbenzylisoquinoline alkaloids that were isolated via phytochemical studies and bioassay-directed fractionation.

### **Aporphine-benzylisoquinoline**

These are phenolic alkaloids isolated from the roots of *Thalictrum faberi* Ulbr. (*Ranunculaceae*) and shown to be more active against CQR *P. falciparum* clones (W2; IC<sub>50</sub> <25ng/ml) than against CQS clones (D6; IC<sub>50</sub> >100 ng/ml). Selectivity indexes ranging from 9.4 to 65.7 were observed for 3-hydroxy-6'-desmethylthalifaboramine (A), 3-hydroxythalifaboramine (B) and 6'-desmethylthalyfaboramine (C), whereas these indexes were >540 and >1, 800 for quinine against the *P. falciparum* clones W2 and D6, respectively (Lin *et al.*, 1999).

### **Morphinans**

A morphinan alkaloid which was biogenetically derived from benzylisoquinolines via aporphines, was isolated from *Strychnopsis thouarssi* (a Menispermaceae plant species that is endemic to Madagascar) and it was named tazopsine (tazo = malaria) (Carraz *et al.*, 2006). This plant is the only ingredient in a widely used remedy that is reputed to provide specific protection against malaria. Stem bark decoction has shown weak activity against the FcB1 strain of *P. falciparum* erythrocytic stages *in vitro* (IC<sub>50</sub> 34.0 ± 9.4 µg/ml). The traditional use of this plant to prevent malaria led to the *in vitro* evaluation of its effect on liver stages of *P. yoelli* and *P. falciparum*. Bioassays of plant decoction in cultured mouse primary hepatocytes infected with *P. yoelli* sporozoites produced an IC<sub>50</sub> of 8.5 ± 0.7 µg/ml with hepatic forms that were completely eliminated at concentrations of 20 µg/ml or higher. Bioguided isolation of active compounds led

to the identification of tazopsine, which is the major constituent of the plant material.

### **Naphthylisoquinolines**

A class of structurally unique acetate biogenetically-derived alkaloids that have been isolated from tropical lianas belonging to the families *Dioncophyllaceae* and *Ancistrodaceae* (Bringmann and Feineis, 2001). Plant species of these families are widely used in the traditional medicine of West African countries, and Southern and Southeast Asia to treat malaria and other diseases, such as dysentery, leprosy, fever, and measles. Good correlations between *in vitro* (CQR *P. falciparum* NF54 strain) and *in vivo* (*P. berghei*, Anka strain) antimalarial activities were observed for representatives of this group of alkaloids. Dioncophylline C, dioncophylline B and dioncopeltine A caused complete clearance of parasites after oral administration to *P. berghei*-infected mice, without noticeable toxic effects (Bringmann *et al.*, 2003, Francois *et al.*, 1997).

### **Cryptolepine**

An indoloquinoline alkaloid is the major constituent (this alkaloid constitutes over 1% of its weight) and the most potent antiplasmodial compound derived from *Cryptolepis sanguinolenta*. A decoction of the roots of this climbing shrub is used in West Africa for the treatment of malaria. Furthermore, its major constituent, cryptolepine, has potent effects against both CQS (D6 IC<sub>50</sub> 27.0 ± 0.3 ng/ml) and CQR *P. falciparum* strains *in vitro* (K1 IC<sub>50</sub> 33.0 ± 0.1 ng/ml, W2 IC<sub>50</sub> 41.0 ± 0.5 ng/ml); however, cytotoxic effects have been observed. It has been demonstrated that cryptolepine intercalates with DNA and stabilizes the topoisomerase II-DNA covalent complex; thus, the scission of DNA by topoisomerase is stimulated (Cimanga *et al.*, 1997).

### **Mono- and bis-indole alkaloids**

This group has been isolated from several plants that are



traditionally used to treat malaria in different continents. The most active compounds are those that originate from plants that belong to the genera *Strychnos* (*Loganiaceae*) and *Alstonia* (*Apocynaceae*). A review covering the indole alkaloids that have high antiplasmodial activities *in vitro* and *in vivo*, and favourable selectivity indices (SI=CC50/IC50) have been published (Frederich *et al.*, 2008).

### **Benzofenantridine**

Alkaloids isolated by bioassay-guided fractionation of the trunk bark of *Zanthoxylum rhoifolium*; this specie was traditionally used in French Guineea to treat and prevent malaria. The antiplasmodial activity was concentrated in the alkaloid fraction, which comprised seven benzophenantridine alkaloids, of which nitidine was the most potent against *P. falciparum* (IC50 <0.27µM). The investigation of a trunk bark decoction that was employed as a traditional remedy revealed the presence of alkaloids, including nitidine; therefore the traditional use of *Z. rhoifolium* for the treatment of malaria was justified (Julian *et al.* 2006). *Zanthoxylum* species are frequently used to treat malaria in Madagascar. *Z. tsihamimposa* is used either alone or in combination with other plants to relieve malarial symptoms, such as tiredness and muscular aches. Five alkaloids that were isolated from the stem bark were assayed *in vitro* for antiplasmodial activity against *P. falciparum* (FCM 29); IC50 values in the range of 459.1 to 87.7µM were obtained. The most potent alkaloid was the quinolone γ - fagarine, which had an IC50 of 98.4µM (Randrianarivelosia *et al.* 2003). Nitidine was also isolated by bioassay-guided fractionation of extracts from *Toddalia asiatica*, a Rutaceae used by the Pokot tribe of Kenya as the major antimalarial component.

### **Acridone**

Alkaloids derived from species that belong to the genera *Citrus* (*Glycosmis* and *Severimia*) and are members of the family *Rutaceae* were tested for antimalarial activity *in vitro* against *P.*



*yoelli* and *in vivo* against *P. berghei* - and *P. vinckei*-infected mice. At a concentration of 10µg/ml *in vitro*, seven out of the 30 tested alkaloids inhibited 90% or more of the parasite growth. Against *P. yoelli*, they were shown to be either equally or more effective than chloroquine *in vitro* (94% ±4 growth inhibition). Of the seven or more active alkaloids, atalaphillinine was the only one to be tested for *in vivo* activity. A daily dose of 50 mg/kg of this alkaloid was injected i.p. into mice for a period of three days. Marked prophylactic activity against *P. berghei* - and *P. vinckei*-infected mice was observed by days 4 and 5 after infection (Fujioka *et al.*, 1989).

### **Furoquinoline and acridine**

Are Alkaloids that have been isolated from plants that belong to the Rutaceae family. The *in vitro* and *in vivo* activities of acridones against rodent malaria (Fujioka *et al.* 1989) and the *in vitro* effect of 23 furoquinoline and acridone alkaloids against CQR (W2) and CQS (HB3) clones of *P. falciparum* have been reported (Basco *et al.*, 1994). The assayed alkaloids included isolates from three New Caledonian plants (*Geijera balansae*, *Sarcomelicope glauca* and *Sarcomelicope dogniensis*) and derivatives that were obtained by chemical modifications and the dimerization of acronycine. Fourteen alkaloids had IC<sub>50</sub> < 10µg/ml against the W2 strain.

### **Tetrahydroquinoline**

Are alkaloids isolated from the trunk bark of *G. officinalis*. This traditional medicinal plant from Venezuela, commonly named angostura bark, is reputed to be the source of a tonic and stimulant that is used against fever (Jacquemond - Collet *et al.*, 1999). Hexane, chloroform extracts and pure alkaloids were tested for their *in vitro* activity against *P. falciparum* strains. The IC<sub>50</sub> values ranged from 1.8 to 40.0µg/ml against a CQS strain (Nigerian) and 0.09 to 38.0µg/ml against CQR strains (FcB1 and FcM29). With an IC<sub>50</sub> of 0.09 to 0.9µg/ml, against CQR strains,

galipinine was the most active alkaloid. (Jacquemond-Collet *et al.*, 2002).

## Naturally Occurring Antiplasmodial Non-Alkaloids

### Flavanoids

Chemically, they have the general structure of a 15-carbon skeleton, which consists of two phenyl rings (A and B) and heterocyclic ring (C). This carbon structure can be abbreviated C6-C3-C6. According to the IUPAC nomenclature, they can be classified into: flavonoids or bioflavonoid; isoflavonoids and neoflavanoids. Invitro research work has indicated medicinal roles of these compounds as antioxidant, anti-inflammation, anti-cancer, treatment of cardiovascular diseases and antibacterial effects. Recent researches also indicate flavanoids have anti-plasmodial action by inhibiting fatty acid synthesis (Jigam *et al.*, 2013) Different types of bioactive flavonoids have been derived from medicinal plants growing in Africa. Even though the molecular mechanism of action of anti-malarial activities of flavonoids is not fully elucidated, it is believed that flavonoids act by inhibiting the fatty acid biosynthesis (FAS II) of the parasite (Freundlich *et al.*, 2005). Some flavonoids have also been shown to inhibit the influx of *L*-glutamine and myoinositol into infected erythrocytes (Elford *et al.*, 1986).

### Chalcones

Chalcone is an aromatic ketone and an enone that forms the central core for a variety of important biological compounds, which are known collectively as chalcones or chalconoids. Benzylidene acetophenone is the parent member of the chalcone series. Chalcones and their derivatives demonstrate a wide range of biological activities such as anti-diabetic, anti-neoplastic, anti-hypertensive, anti-retroviral, anti-inflammatory, anti-parasitic, anti-histaminic, anti-malarial, anti-oxidant, anti-fungal, anti-obesity, anti-platelet, anti-tubercular, immunosuppressant, anti-arrhythmic, hypnotic, anti-gout, anxiolytic, anti-spasmodic, anti-



nociceptive, hypolipidemic, anti-filarial, anti-angiogenic, anti- protozoal, anti-bacterial, anti-steroidal, cardio protective, etc(Jigam *et al.*, 2013).

### **Flavanones**

The antiplasmodial and cytotoxic activities of flavanones and arylbenzofuran derivatives from *Morus mesozygia* were investigated by Zelefack *et al.*, 2012. This plant is used in treating many diseases, including malaria and fever. Fractionation of the methanolic extract of its stem bark led to the isolation and identification of two flavonoids: artocarpesin and kushenol E. These compounds were active against the FcB1 strain of *Plasmodium*

### **Isoflavones**

The acetone extracts of the root and stem bark of *Erythrina saculeuxii* showed antiplasmodial activities against the D6 and W2 strains of *P. falciparum*. Further chromatographic separation of the acetone extract of the root bark afforded a new isoflavone, 7-hydroxy-4'-methoxy-3'-prenylisoflavone, named 5-deoxy-3'-prenylbiochanin A along with known isoflavonoids as the antiplasmodial principles (Andayi *et al.*, 2006).

### **Rotenoids**

*Milletia usaramensis ssp. usaramensis* is a plant growing in East Africa, which is reported to contain anti-malarial flavonoids particularly rotenoids (Yenesew *et al.*, 2003). Seven rotenoids have been reported from this species, including usararotenoid C, usararotenoid A, (+)-usararotenoid B and (+)-12a-epi-millettosin. These compounds exhibited moderate to weak antiplasmodial activity against the D6 and W2 strains of *P. falciparum*.

### **Carotenoids**

Carotenoids, also called tetraterpenoids, are organic pigments that are found in the chloroplasts and chromoplasts of plants and



some other photosynthetic organisms, including some bacteria and some fungi. There are over 600 known carotenoids; they are split into two classes, xanthophylls (which contain oxygen) and carotenes (which are purely hydrocarbons, and contain no oxygen). All are derivatives of tetraterpenes, meaning that they are produced from 8 isoprene molecules and contain 40 carbon atoms. In general, carotenoids absorb wavelengths ranging from green light. This causes the compounds to be deeply colored yellow the dominant pigment in autumn leaf. Coloration of about 15-30% of tree especially reds and purples, are due to other classes of chemicals.

### **Phenolics**

*p*-hydroxy-cinnamic acid along with other compounds, atranorin, specicoside, 2 $\beta$ ,3 $\beta$ ,19 $\alpha$ -trihydroxy-urs-12-20-en-28-oic acid were isolated from the stem bark of *Kigelia africana* and the drug interactions of the isolated compounds was carried out as well as their combination effects with quinine and artemether (Zofou *et al.*, 2011). The Ethiopian medicinal plant *Combretum molle* was reported to possess genuine anti-malarial activity. The fractionation of the stem bark extract yielded punicalagin as the active compound (Cheplogoi *et al.*, 2007).

### **Polyacetylenes**

Polyacetylenes have unique chemical structures which make them rare and often unstable and very reactive. They thus have wide variety of biochemical and pharmacological uses. The root bark extract of *Cussonia zimmermanii* is commonly used to treat malaria, fever and epilepsy (Senn *et al.*, 2007).

### **Coumarins**

Two isomeric 5-methylcoumarins from the roots of *Vernonia brachycalyx*; 20-*epi*-cycloisobrachycoumarinone epoxide and cycloisobrachycoumarinone epoxide were identified by Cubukcu *et al.*, 1990. The results of the antiplasmodial assays against the chloroquine-susceptible 3D7 and chloroquine-resistant Dd2

strains of *P. falciparum*, showed that 20-epi-cycloisobrachycoumarinone epoxide was weakly active, with  $IC_{50}$  values of 160  $\mu\text{M}$  and 54  $\mu\text{M}$ , while for cycloisobrachycoumarinone epoxide, the  $IC_{50}$  values were 111  $\mu\text{M}$  and 54  $\mu\text{M}$ , respectively. Cycloisobrachycoumarinone epoxide was also isolated from the ether extract of *Exostema caribaeum* but with moderate activity (Noster *et al.*, 1990).

### Tannins

A tannin (or tannoid) is an astringent, polyphenolic biomolecule that binds to and precipitates proteins and various other organic compounds including amino acids and alkaloids. The tannin compounds are widely distributed in many species of plants, where they play a role in protection from predation, and perhaps also as pesticides, and in plant growth regulation. The astringency from the tannins is what causes the dry and puckery feeling in the mouth following the consumption of unripened fruit or red wine. Jigam *et al.*, 2010a isolated 1,3,6-digalloyl-2,4-monogalloyltannin with efficacy against *Plasmodium berghei* in mice from the roots of *Acacia nilotica*. This appeared to be an early indication of the potentials of tannins in malaria therapy.

### Xanthenes

The anti-malarial xanthenes; 5-hydroxy-3-methoxyxanthone and 3-hydroxy-5-methoxyxanthone were isolated from stem bark of *Hypericum lanceolatum*. These compounds exhibited an  $IC_{50}$  of 13.56  $\mu\text{g mL}^{-1}$ , and 8.28  $\mu\text{g mL}^{-1}$ , respectively, on the multidrug-resistant W2mef strain of *P. falciparum* (Zofou *et al.*, 2011). Six other anti-malarial xanthenes; allanxanthone C, gartiniafuran, tovophyllin A, rubraxanthone, norcowanin and mangostin were isolated from the methanolic extract of the stem bark of *Allanblackia monticola* (Azebaze *et al.*, 2006).

### Sterols

The steroid, ergosterol-5,8-endoperoxide, isolated from the aerial parts of *Ajuga remota*, exhibited high antiplasmodial



activity against the chloroquine-sensitive FCA 20/GHA strain of *P. falciparum*, with an  $IC_{50}$  value of 8.2  $\mu\text{M}$  (Kuria *et al.*, 2002). Steroidal saponins with anti-malarial activity have also been isolated from the leaves of *Vernonia amygdalina*. The isolation of vernonioside A1, A2, A3, A4 and B1, was also reported. These saponins had weak antiplasmodial activity against the multidrug-resistant K-1 strain of *P. falciparum*, with  $IC_{50}$  values of 139.7, 94.1, 245.1, 81.8 and 46.1  $\mu\text{g mL}^{-1}$  respectively. These saponins are also reported to be the bitter compounds in the leaves of *V. amygdalina* (Ohigashi *et al.*, 1994).

### Lignans

Lignan is the generic term for a large group of aromatic polymers resulting from the oxidative combinatorial coupling of 4-hydroxyphenylpropanoids (Ralph *et al.*, 2004). *Pycnanthus angolensis* is a plant used in traditional medicine against several diseases. The anti-malarial effect of dichloromethane extract of the bark of *Pycnanthus angolensis* was investigated and an activity against 3D7 *P. falciparum* strain with  $IC_{50}$  of 1.6  $\mu\text{g mL}^{-1}$  was observed (Ramalhetete *et al.*, 2007). This was further subjected to chromatographic bioguided fractionation yielding the lignans, (-)-dihydroguaiaretic acid, 4'-hydroxy-3,3',4'-trimethoxylignan, 4,4'-diacetyl-3,3'-dimethoxylignan, hinokinin, and heliobuphthalmin, along with the labdane diterpene ozic acid and the steroids stigmast-4-en-6 $\beta$ -ol-3-one, stigmasterol and  $\beta$ -sitosterol. *Asparagus africanus* is used in Kenya to treat malaria. A bioassay-guided fractionation of the root extract led to the isolation of the lignan nyasol, along with the sapogenin muzanzagenin, as the bioactive compounds responsible for the anti-malarial activity of this plant (Oketch-Rabah *et al.*, 1997).

### Quinones

A quinone is a class of organic compounds that are formally "derived from aromatic compounds (such as benzene or naphthalene) by conversion of an even number of  $-\text{CH}=\text{}$  groups into  $-\text{C}(=\text{O})-$  groups with any necessary rearrangement of



double bonds", resulting in "a fully conjugated cyclic dione structure". The class includes some heterocyclic compounds.

The prototypical member of the class is 1, 4-benzoquinone or cyclohexadienedione, often called simply 'quinone' (thus the name of the class). Other important examples are 1, 2-benzoquinone (ortho-quinone), 1, 4-naphthoquinone and 9, 10-anthraquinone.

Derivatives of quinones are common in biologically active molecules. Some serve as electron acceptors in electron transport chains such as those in photosynthesis (plastoquinone, phyloquinone), and aerobic respiration (ubiquinone). Phyloquinone is also known as Vitamin K<sub>1</sub> as it is used by animals to help form certain proteins, which are involved in blood coagulation, bone formation, and other processes.

Natural or synthetic quinones show a biological or pharmacological activity, and some of them show anti-tumoral activity. They embody some claims in herbal medicine. These applications include purgative (sennosides), antimicrobial and antiparasitic (rhein-and sapororthoquinone, atovaquone), anti-tumor (emodin and juglone), inhibition of PGE<sub>2</sub> biosynthesis (arnebinone and arnebifuranone) and anti-cardiovascular disease (tanshinone). Quinones also exhibit diverse pharmacological properties, including anti-malarial activity. Four quinones have been isolated from the root bark of *Hoslundia opposita*, including 3-*O*-benzoylhosloppone, 3-*O*-cinnamoylhosloppone, 3-*O*-benzoylhinokiol, and 3-*O*-benzoylhosloquinone. *Cassia siamea* was identified from southwest Nigerian ethnobotany as a remedy for febrile illness. This led to the bioassay-guided fractionation of stem bark of the plant extract for assessing the *in vitro* anti-malarial activity. Emodin and lupeol were isolated from the ethyl acetate fraction. Both compounds were found to be the active principles

responsible for the antiplasmodial property with  $IC_{50}$  values of  $5 \mu\text{g mL}^{-1}$  respectively (Ajaiyeoba *et al.*, 2008).

### **Phyto-Antimalarial Analysis – My Humble Contributions**

Analysis for bioactive principles with utility against malaria could be tasking, time consuming but very interesting and sometimes addictive. Such procedures necessarily incorporate antiplasmodial, analgesic/antipyretic and anti-inflammatory protocols as the WHO defined malaria as the presence of *Plasmodium* parasites and fever. Host-parasite interactions result in red blood cell destruction hence anaemia and also host inflammatory response with cytokine activation resulting also in fever chill, pains, rigors, lassitude and even cough (Jigam *et al.*, 2009). Drug resistance especially by *P.falciparum* and *P. vivax* necessitates direct screening of plant extracts against such parasites using standard *invitro* and *in vivo* techniques. Furthermore, the acceptability of any drug is a function of its safety hence the inclusion of safe dose,  $LD_{50}$ ,  $IC_{50}$ , subchronic and chronic toxicological evaluations as core components (Jigam and Niwoye 2013).

Generally the required Qualities for a good antimalarial drug include; activity against CQ, sulphadoxine and even artemisinin resistant *P. falciparum*, Resolution of parasitemia within 24-72hrs, High safety margin, Affordability and Availability in appropriate formulation especially for oral use.

In consonance with the above observations, I undertook a PhD research work between 2001 and 2008 from which at least 6 articles were generated. Also within the period from 2000 to date I supervised many undergraduate, masters and doctoral projects coupled with a few research grants all with the same theme of plants with antimalarial potentials. Most of the work have been published in reputable journals. My PhD work for example involved twenty-six medicinal plant species (Table 3) which



were extracted with suitable solvents and analyzed for antimalarial, pharmacological and toxicological properties. Crude extract yields from the plants ranged between 8.00%-21.25%. Over 70% of the plants had LD<sub>50</sub> values greater than 1000mg/kgbw due probably to the fact that the species are widely consumed in folk medicine and as vegetables and spices among the indigenous population (Benoit-vical, 2013; Suleiman and Jigam, 2013). A variety of phytochemicals were identified in the extracts with tannins as the most prevalent while cyanophoric glycosides were least incident further buttressing their safe nature.

### **Analysis of Antimalarials from Plants (Simplified)**

- a. Selection and Authentication of plant specie, organs etc (Reputation, voucher samples)
- b. Preparation/Isolation of Extracts (appropriate solvents, crude, alkaloidal, non-alkaloidal)
- c. Qualitative and Quantitative phytochemical analysis
- d. Invitro antiplasmodial analysis\*
- e. Determination of Safe Dose and LD50 of Extracts in mice (*in vivo*).
- f. Determination of antiplasmodial effects (preliminary, suppressive, curative, prophylactic)
- g. Bioguided activity determination (purification with chromatography, partitioning etc).
- h. Spectral Analysis of active isolate (NMR, ESI-MS)
- i. Analgesic and Anti-inflammatory activities of extract(s).
- j. Toxicological screening (sub-chronic, chronic): Enzymes, kidney, liver functions, haematology and histopathology.



**Table 3: Some Plant Species Analyzed**

Plant	Hausa	Organ used
<i>Ficus ingens</i>	Kawari	Stem bark
<i>Ficus polita</i>	Durumi	Leaves
<i>Ficus ovate</i>	Cediya	Stem bark
<i>Cassia accidontalis</i>	Majamfari	Roots
<i>Centaurea perrottetti</i>	Dayi	Whole
<i>Cyperus articulatus</i>	Kajiji	Roots
<i>Momordica balsamina</i>	Garahunu	Whole
<i>Pipe guineense</i>	Masoro	Fruits
<i>Psidium guajava</i>	Gwaiba	Leaves
<i>Acacia nilotica</i>	Bagaruwa	Roots
<i>Agelanthus dodoneifolius</i>	Kauci	Whole
<i>Artemisia maciverae</i>	Tazargade	Whole
<i>Diospyrus mespiliformis</i>	Kanya	Leaves
<i>Erthrina senegalensis</i>	Minjirya	Roots
<i>Feretia apodanthera</i>	Kurukuru	Leaves
<i>Sorghum species</i>	Dawa	Roots
<i>Securinega virosa</i>	Tsatsagi	Leaves
<i>Syzgium aromaticum</i>	Kanumfari	Cloves
<i>Thonningea sanguinea</i>	Kulla	Roots
<i>Xylopiya aethiopica</i>	Kimba	Fruits
<i>Zingiber officinale</i>	Cittar kaho	Rhizome
<i>Azadirachta indica</i>	Darbejiya	Leaves, bark, roots
<i>Lippia multiflora</i>	Bunsurunfadama	Leaves
<i>Cochlospermum tinctorium</i>	Rawaya	Roots
<i>Guiera senegalensis</i>	Sabara	Leaves
<i>Chrozophora senegalensis</i>	Damagi	Whole

Fifty percent of the plant extracts analyzed had activity against *Plasmodium berghei* in mice compared with only 27% against *P.chabaudi*. The latter had correspondingly lower mice survival period. This discrepancy can be rationalized on the basis that *P. berghei* has a mild clinical course hence ideal for chemotherapeutic research but *P. chabaudi* is more virulent hence better employed in drug resistance studies (NIPRD, 2000; Jigam *et al.*, 2011b). Parasitological drug response analyses further distinguished the active extracts as either plasmodicidal i.e. effective against both tissue and blood forms of the parasites hence potential radical cure for malaria or plasmodistatic which

clears only circulating parasites without effect against hypnozoites or tissue forms that could emerge and result in recrudescence (Jigam *et al*; 2010C). The work established that crude extracts of *Acacia nilotica*, *Momordica balsamina*, *Lippia multiflora* and *Azadirachta indica* as the most active among the initial 26 plants in the study in terms of antiplasmodial, analgesic and anti-inflammatory effects.

A bioguided activity approach was used to further fractionate and purify *A. nilotica* and in the process isolated the bioactive principle (JIG 1). Spectral characterization using NMR and ESI-MS of JIG1 indicated a large M-1 signal at M/Z 1395 consistent with the molecular formula ( $C_{62}H_{43}O_{38}$ ). Further analyses of the mass spectrum data showed progressive signals that differed by m/z 152 synonymous with the galloyl moiety ( $C_7H_4O_4$ ). These spectra confirmed JIG1 as constituted of one glucose centrol unit bound to eight gallic ester groups. A structure in which the JIG1 molecule is least strained was thus postulated corresponding with 1, 3, 6-digalloyl-2,4-monogallotannin (Jigam *et al.*, 2010a). Chronic toxicological screening of crude *A. nilotica* extract was undertaken due to the fact that herbal treatment utilizes such preparations. The study indicated that *A. nilotica* at 300mg/kg body weight of mice resulted in weight gain, significant ( $P < 0.05$ ) elevations in serum triglycerides, aspartate and alanine transaminases and chloride ions. Packed cell volume depreciated with the absence of any significant ( $P > 0.05$ ) variations in serum glucose, total proteins, alkaline phosphatase and potassium ions. Histopathology indicated lack of lesions in lung, cardiac, pancreatic, spleen and intestinal tissues. A feathery degeneration of the liver and destruction of nephrons in the kidneys were however noted which are indicative of some toxicity to the organs in question hence some necessary precaution against protracted intake of *A. nilotica* root extracts in the course of medicinal use (Jigam, *et al*, 2011c).

In summary therefore, my contributions could be listed thus:

- a. Over 60 medicinal plants analysed for antimalarial and toxicological effects.
- b. Isolation and identification of a novel polygalloyltannin with potential against *Plasmodium* parasites.
- c. Training of over 80 Undergraduate and Post Graduate students in phytoantimalarial analysis contributory to the critical mass required in the fight against malaria.
- d. Pioneering efforts in phytochemical analysis in FUT Minna.

The excitement and exhilaration of medicinal plant research is at times due to unexpected and dramatic findings often not as part of the primary research goals. One such example in question was earlier in this research in which the acutely toxic nature of *Chrozophora senegalensis* came to the fore. It killed many mice within a few minutes of administration (Jigam *et al.*, 2011b). Secondly, is the fact that serial passage of *P.berghei* in successive generations of mice resulted in the parasites losing virulence (Jigam *et al.*, 2012b). Indeed natural products and their corresponding pharmacological effects are so vast and varied.



Table 4. LD<sub>50</sub> Values of plant extracts in mice

Plants	LD <sub>50</sub> (mg/kgbw i.p.)
<i>Chrozophora senegalensis</i>	90
<i>Ferretia apodanthera</i>	90
<i>Centaurea perrottetti</i>	178
<i>Cassia occidentalis</i>	340
<i>Securinega virosa</i>	340
<i>Guiera senegalensis</i>	800
<i>Azadirachta indica</i>	900
<i>Ficus ingens</i>	1000
<i>Ficus ovata</i>	1480
<i>Psidium guajava</i>	1500
<i>Artemisia maciverae</i>	1840
<i>Piper guineense</i>	2000
<i>Sorghum species</i>	3000
<i>Thonningea sanguinea</i>	3000
<i>Acacia nilotica</i>	3000
<i>Agelanthus dodoneifolius</i>	3000
<i>Cochlospermum tinctorium</i>	3000
<i>Syzygium aromaticum</i>	>3000
<i>Ficus polita</i>	>3000
<i>Lippia multiflora</i>	>3000
<i>Momordica balsamina</i>	>3000
<i>Xylopia aethiopica</i>	>3000
<i>Zingiber iofficinale</i>	>3000
<i>Diospyros mespiliformis</i>	>3000
<i>Cyperus articulatus</i>	3600
<i>Erythrina senegalensis</i>	3600

bw = body weight

i.p = intraperitoneal

**Table 5. Preliminary antiplasmodial effects of plant extracts**

Plant	<i>Plasmodium berghei</i>		<i>Plasmodium chabaudi</i>	
	a	b	a	b
<i>A. nilotica</i> / <i>L. multiflora</i> (1:1)	+	-	+	+
<i>Azadirachta indica</i>	+	-	*	+
<i>Lippia multiflora</i>	+	+	+	++
<i>Acacia nilotica</i>	++	-	+	+
<i>Momordica balsamina</i>	++	+	+	+
<i>Diospyros mespiliformis</i>	++	+	+	+
<i>F. polita</i> / <i>F. ovata</i> (1:1)	+	++	+++	*
<i>Syzygium aromaticum</i>	+	++	*	*
<i>Guiera senegalensis</i>	++	+	++	++
<i>Ficus polita</i>	++	+	*	*
<i>Psidium guajava</i>	++	++	*	*
<i>Ficus ovata</i>	++	++	*	*
<i>Zingiber officinale</i>	++	++	*	*
<i>Thonningea sanguinea</i>	++	++	*	*
<i>Artemisia maciverae</i>	++	++	*	*
<i>Erythrina senegalensis</i>	+++	++	+	+
<i>Ferretia apodanthera</i>	+++	++	*	*
<i>Xylopia aethiopica</i>	+++	++	*	*
<i>Cassia occidentalis</i>	+++	++	*	*
<i>Cochlospermum tinctorium</i>	+++	+++	*	*
<i>Centaurea perrottetti</i>	+++	+++	*	*
<i>Cyperus articulatus</i>	++	*	*	*
<i>Chrozophora senegalensis</i>	+++	*	*	*
<i>Piper guineense</i>	+++	*	*	*
<i>Agelanthus dodoneifolius</i>	+++	*	*	*
<i>Ficus ingens</i>	+++	*	*	*
<i>Sorghum species</i>	*	*	*	*
<i>Securinega virosa</i>	*	*	*	*
<i>Chloroquine phosphate</i>	+	-	+	+
<i>Normal saline</i>	+++	*	*	*

- = absent; + = slightly present; ++ = moderately; present; +++ = highly present; \* = died; a = male mice; b = female mice

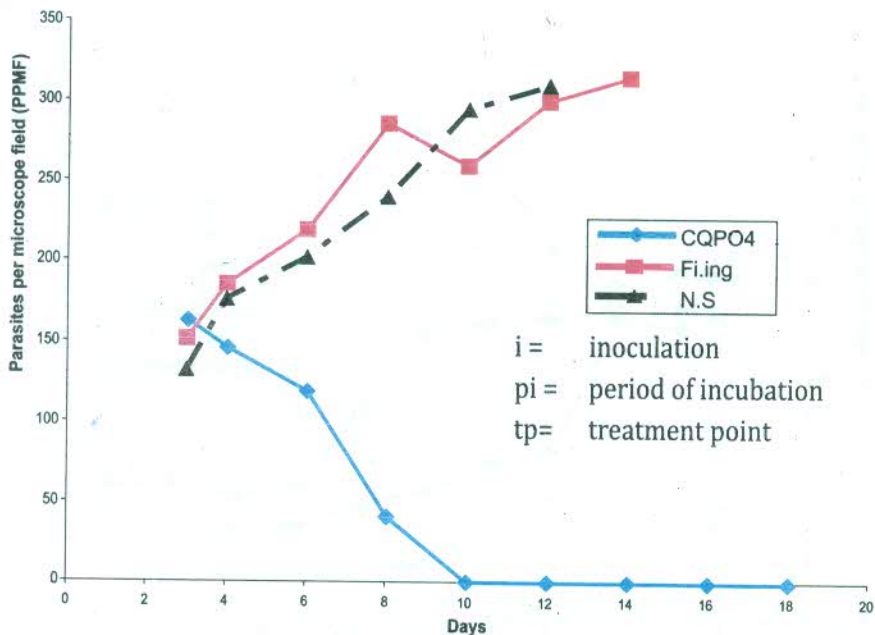


Fig. 1: Activity of *F. ingens* in *P. berghei* infected mice

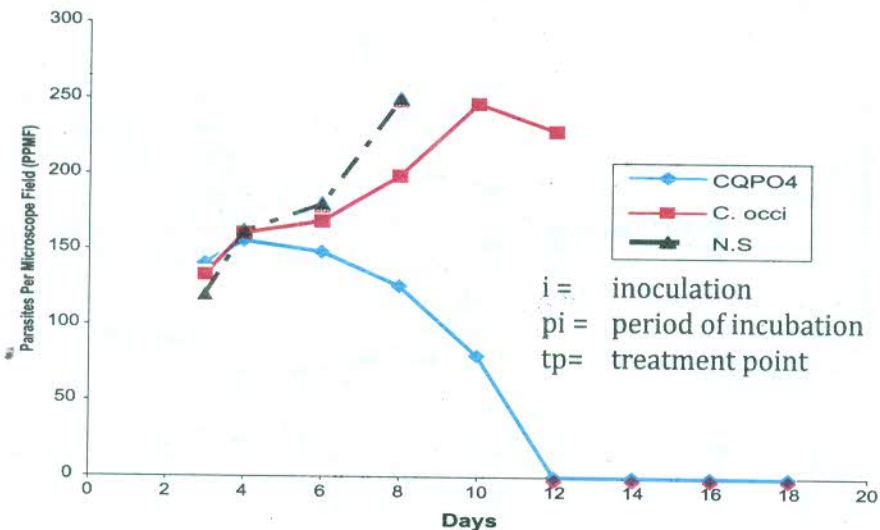


Fig. 2: Activity of *C. occidentalis* in *P. berghei* infected mice



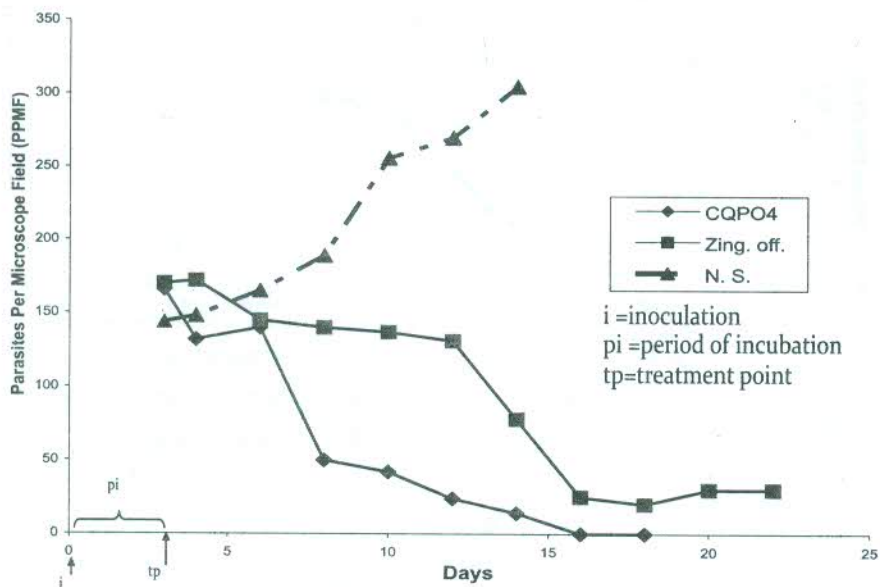


Fig. 3: Activity of *F. polita* in *P. berghei* infected mice

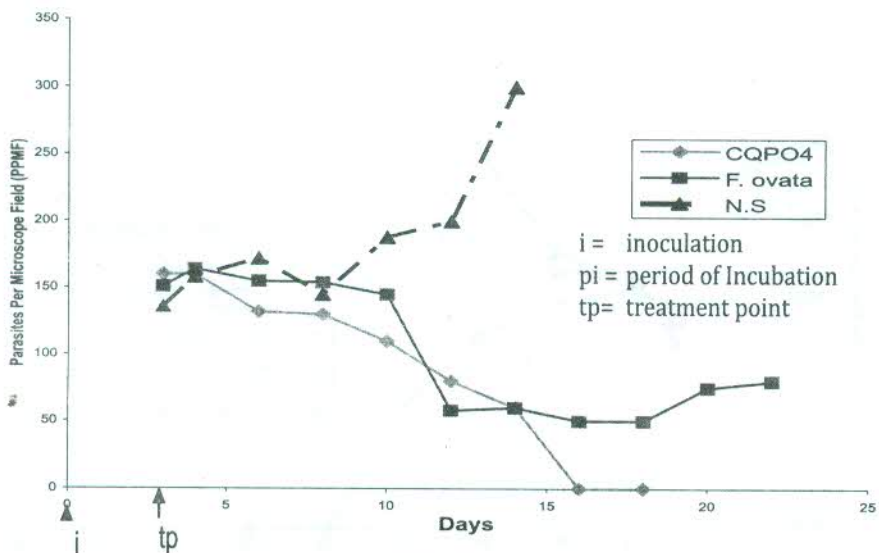


Fig. 4: Activity of *F. ovata* in *P. berghei* infected mice.

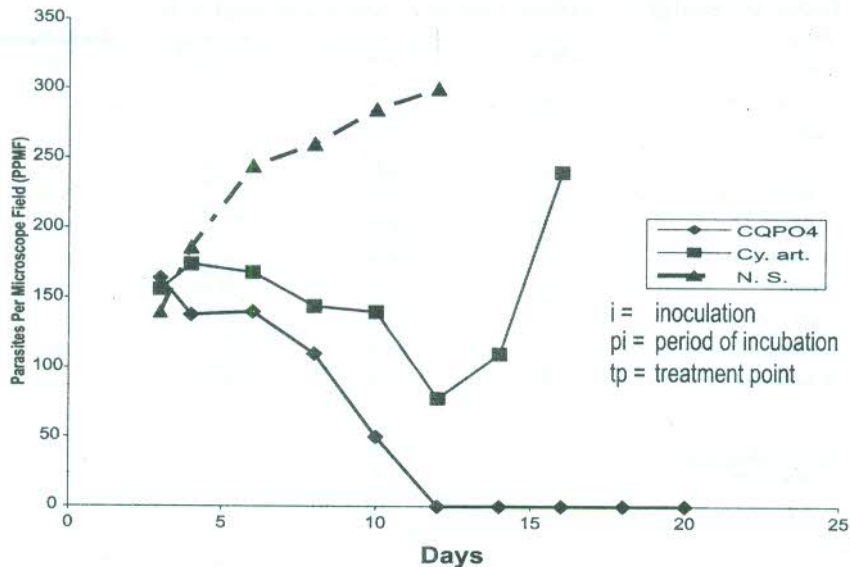


Fig. 5: Activity of *C. articulatus* in *P. berghei* infected mice.

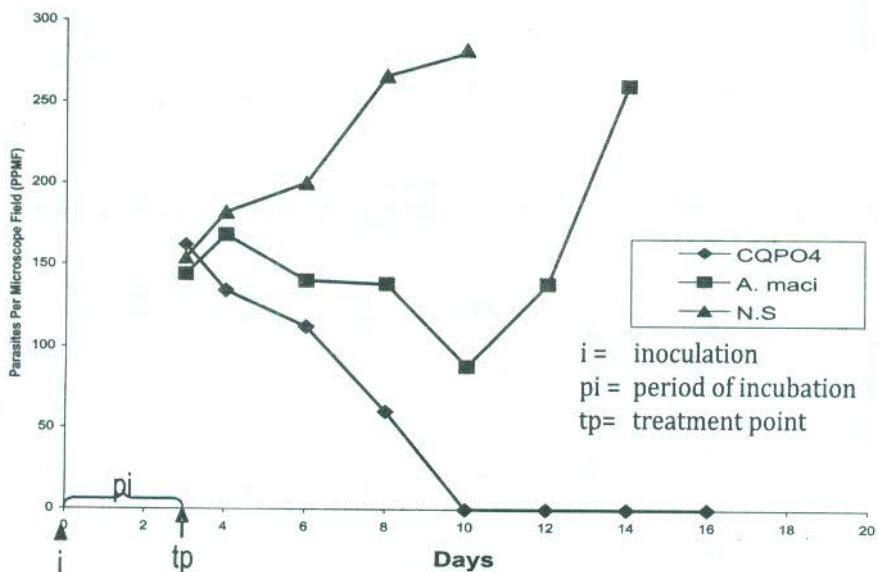
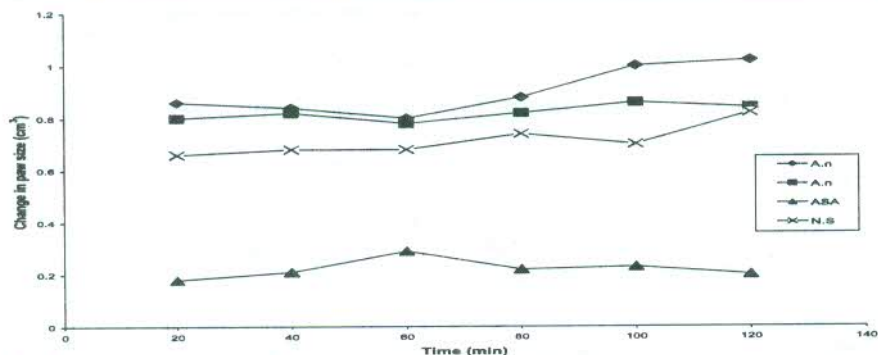


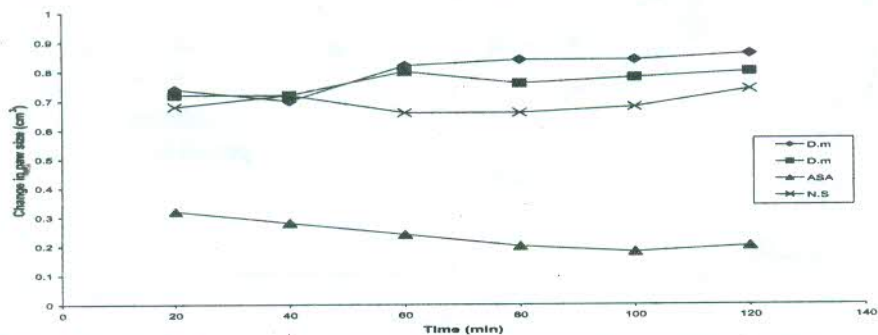
Fig. 6: Activity of *A. maciverae* in *P. berghei* infected mice

**Table 6. Analgesic potentials of some plant extracts**

Plants	Dose (mg/kg bw i.p)	Mean abdominal constriction	Percentage inhibition (% i)	ASA equivalent
<i>F. ovata</i>	150	40.60	0.00	0
	300	39.40	0.00	0
<i>S. aromaticum</i>	150	44.60	0.00	0
	300	39.40	0.00	0
<i>P. guajava</i>	150	46.60	0.00	0
	300	40.40	0.00	0
<i>C. tinctorium</i>	150	52.60	0.00	0
	300	52.20	0.00	0
<i>D. mespiliformis</i>	150	49.20	1.20	38.10
	300	36.40	26.91	
<i>F. polita</i>	150	48.80	0.00	24.76
	300	45.20	6.61	
<i>G. senegalensis</i>	150	23.00	43.35	2.54
	300	22.40	44.83	
<i>A. indica</i>	150	24.40	45.29	1.91
	300	52.60	71.30	
<i>Z. officinale</i>	150	14.80	59.12	1.89
	300	12.20	66.30	
<i>L. multiflora</i>	150	19.40	59.58	1.87
	300	11.20	76.67	
<i>M. balsamina</i>	150	13.00	71.86	1.72
	300	8.20	82.25	
<i>A. nilotica</i>	150	12.40	70.33	1.70
	300	9.80	76.56	
Acetyl Salicylic Acid (ASA) (150mg/kg bw i.p)	150	7.88	86.88	0.00
Normal Saline	20ml	43.47	0.00	



**Fig.7: Anti-inflammatory effect of *A. nilotica* in egg-albumin induced oedema in mice**



**Fig. 8: Anti-inflammatory effect of *D. mespiliformis* in egg-albumin induced oedema in mice**



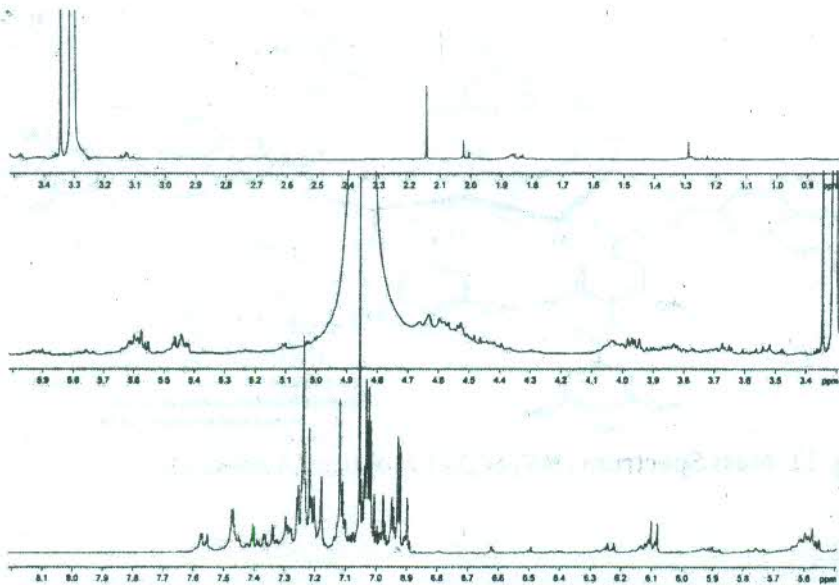


Fig. 9: NMR of JIG1

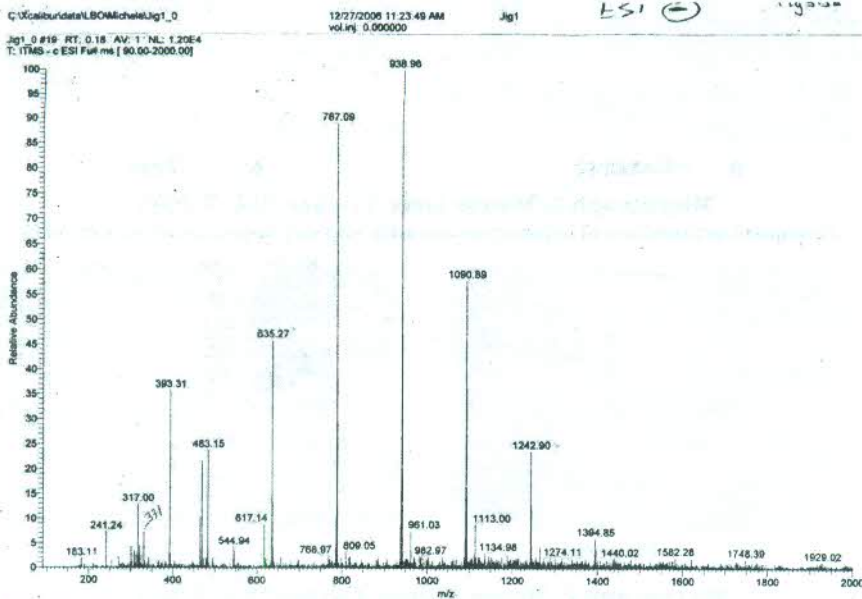


Fig. 10: Mass Spectrum (MS) of JIG1 Fraction (*A.nilotica*)

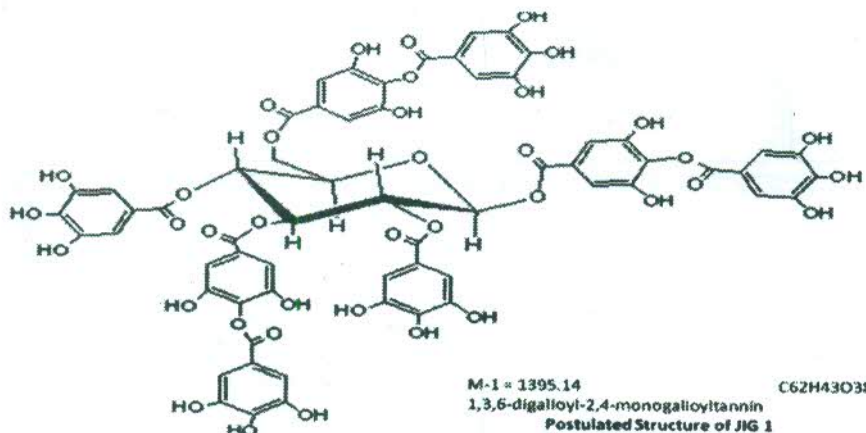


Fig. 11: Mass Spectrum (MS) of JIG1 Fraction (*A.nilotica*)



a Control



b Test

**Micrograph 1: Mouse Liver Tissues (H.E. X 400)**

Hexagonal architecture of hepatocytes but with feathery degeneration in test tissue



a Control



b Test

**Micrograph 2: Mouse Kidney Tissues (H.E. X 400)**

Glomeruli with ghost-like myelin material in test

## Conclusion

The widespread use of plants as medicines is well documented with some literature indicating that 80% of the health needs of the rural poor in developing countries depend on this source. Even such, the urban rich in the west have a new found belief in the use and efficacy of supplements in the form of nutraceuticals derived chiefly from plant products. This has been reflected in the recent report estimating the market share of these products at over US\$100 billion globally in 2015 alone. Plant derived natural products have been exploited as antimalarials (quinine, artemisinin), analgesics/antipyretics (ipecac), tranquilizers (reserpine), cardiac stimulants (digitoxin), anticancer (taxol, vincristine and vinblastine), AIDS (+) calanoid A and (-) calanolide). Some of our efforts above have demonstrated that some natural products e.g. tannins that were hitherto not closely associated with antimalarial activity do in fact have potentials against the disease. Again most of the plants analysed have high safety margins.

Apart from pure compounds, crude extracts with efficacy against malaria are currently being employed especially in endemic environments. However, limitations such as toxicity, low bioavailability and/or poor solubility have restricted the scope of use for several natural products in humans. Nevertheless, nature provides novel leads, templates which can be developed into safe drugs by synthetic strategies as exemplified by artemether and quinine class of antimalarials. The goal is to obtain products active against resistant strains of *Plasmodium*.

Since nature has been generous in providing several remedies for malaria, the vast unexplored flora should be systematically explored to provide new leads and drugs for malaria therapy as vaccines are still being awaited.

## Recommendations

This lecture set out to draw attention to the diversity of plants



and phytochemicals therefrom that can be employed to tackle the ravaging effects of malaria and simultaneously earn enormous capital needed by the economy.

However, stumbling blocks exist that require resolution if these potentials are to be actualized:

- a. Government should formulate and execute an integrated ethnomedicinal policy to involve traditional practitioners, academics, technocrats, health workers, the business community and other stakeholders.
- b. Medical and allied institutions such as National Institute for Pharmaceutical Research and Development, Raw Materials Research and Development Council, National Institute for Medical Research, National Agency for Food and Drug Administration and Control, Standards Organisation of Nigeria etc should be re-oriented to possess the capacity to contribute more in ethnomedical research.
- c. A national educational agenda to include ethnomedicine in the curricula from primary to tertiary levels.
- d. Government to partner the business sector in the provision of enabling environment in terms of equipments, staff training and motivation/incentives for robust ethnomedical research at the tertiary level of education with focus on application not publication.
- e. Sustainable use of medicinal plants, cultivation and planting of exotic species and overall protection of the biodiversity.

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Words alone cannot convey my utmost gratitude for the love of my late parents: Mallam Audu Jigam, Mrs. Hauwa Naakwii and Mrs. Hadiza Naakrom. My father could neither read nor write but had such fervent passion that I acquire Western education. It is very painful that they are gone but my prayer to God is that they be granted *Aljannah FirDausi, Ameen*. My siblings late Mohammed Darabo, Zainab Briskila, Ado, Kabiru, Lami and Maria, Adieu to you all but those alive including Aishatu Naanchin, Alhaji Garba, Usman, Jibrin, Yusuf, Rabi and Suleiman; are all appreciated.

I was sort of a foster child to almost every family and elders within the Hausa Community in my village Panyam. As a result the women would contribute a bar of soap, a pair of socks, toothpaste, 20 kobo, you name it here and there anytime my holidays were over and was about to go back to Government Secondary School, Katsina-Ala in far away Benue State. Most are no more alive but to all of them I pray Allah reward you in the best manner possible. The families of Alhaji Isa Daika, late Mama Patu, Mama Hadiza; Late Alhaji Idi Sarkin Tasha, his wives Mama Alti, Mama Uwani, Maimuna, his brother late Alhaji Sabo and others too many to be mentioned will remain evergreen in my memory.

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Vice Chancellor Sir, this draws the curtain on our discussion with the reminder that academics, researchers and experts on malaria especially in the third and developing world must champion the elimination of this disease and other afflictions of the poor, or else then our global partners will remain at best only on the sidelines while the tragedy forges on!

Sir, thank you once again, **Alhamdulillah.**



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## PROFILE OF THE INAUGURAL LECTURER

Professor Ali Audu Jigam was born in Panyam, Mangu LGA of Plateau State on 10<sup>th</sup> January 1962 to the family of late Mallam Audu Jigam Maigoro and Mallama Hauwa Naakwii Bigwan. He attended Panyam Local Education Authority Primary School at a very tender age and was by 1974 admitted into Government Secondary School Katsina-Ala in Benue State. He completed his secondary education in June 1979 and by August of the same year using the Mock WASC but awaiting result proceeded to the School of Basic Studies, Ahmadu Bello University, Zaria. He successfully completed the IJMB after earlier obtaining the required credits in WASCE was absorbed into the degree programme of Biochemistry (1980-1983). He went to the University of Jos (1989-1991) where he bagged an MSc (Biochemistry) and also Federal University Technology, Minna for a PhD (2008) in Biochemistry.

He joined the services of Federal University of Technology, Minna in October 1992 from Plateau State Polytechnic Barkin Ladi as Lecturer II and rose to the rank of Professor of Biochemistry in October 2013.

Professor A. A. Jigam served the University on different committees including: the Search Team for a new Vice Chancellor (2012), STEP-B Audit Committee of the Governing Council (2010), University Health Services Management Board, adhoc disciplinary panels on both staff and students and University intellectual property rights.

He also held several important positions of responsibility within and outside the university Such as: Examinations Officer, SIWES Coordinator, Time Table Officer and Head of the Department of Biochemistry. Within the community, Prof. Jigam has been adhoc electoral officer with INEC since the return to democratic governance in 1999 at Local Government and State levels. He was

in fact the Returning Officer for Niger East Senatorial district during the 2015 general elections. He is deeply involved with the Socio-cultural and economic advancement of his ancestral land resulting in his recent appointment to the exalted position of **TURAKIN PANYAM**.

In the academic sphere, Prof. Jigam has attended and actively participated in several conferences both at National and International Levels. He has to his credit over Eighty (80) scholarly publications in reputable journals, edited proceedings and conference reports. He is currently on the Editorial Board of five (5) Journals including Advances in Bioresearch, Scientific Speculation and Research, Elsevier, Research Journal of Chemical and Environmental Sciences and Nigerian Journal of Biochemistry and Molecular Biology. He has equally reviewed countless articles for many international journals.

Professor Jigam has for almost 25 years been enhancing the capacity of Biochemists through teaching and project supervision. To date he has supervised or co-supervised over a hundred (100) undergraduates, twenty three (23) Masters and Ten (10) Doctoral Students. He has served as external examiner at both undergraduate and Post graduate levels and Assessor for Professorial cadre to various universities. He is a member of many Professional bodies and also received several awards such as the University Servicom award for commitment to service involving punctuality and successful re-accreditation of the department of Biochemistry by National Universities Commission in 2012. Professor Jigam believes in mentoring and supporting younger academics, hence floated the Malaria Research Group with the express intention of attracting research grants, capacity building and training of mentees in the rudiments of malariology contributory to the WHO goal of the elimination of malaria globally. Professor Jigam has an innate passion for animal husbandry and is happily married with children.